“Dietitians are the backbone of nutrition therapy”
– Mark DeLegge MD

Advanced Enteral Nutrition Program
An exclusive educational opportunity for Registered Dietitians

Sponsored by Nestle Nutrition Institute
An intimate and interactive educational experience

The Advanced Enteral Nutrition Program is designed to foster advanced knowledge, experience and enthusiasm for enteral nutrition as part of primary therapy in the acute care setting, and to empower dietitians to communicate more effectively with the healthcare team at their facility. This program will promote the leadership skills that are essential to enhance patient care and ultimately improve outcomes.

This unique five week program provides a venue in which participants can network with colleagues and interact with a leading physician expert in enteral nutrition on approaches to complex patient scenarios.

Participation in this program will be limited to a maximum 15 participants per session to facilitate a high level of involvement and interaction.

Participant qualifications

The program is open to Registered Dietitians with a minimum of three years of clinical experience who are currently practicing and working closely with acutely ill tube-fed patients. Applicants should demonstrate a high degree of interest in gaining advanced knowledge and skills in enteral nutrition that will enhance their practical expertise.

Program delivery

The program is delivered through a Distance Learning methodology, led by Mark DeLegge MD, gastroenterologist and Professor of Medicine at the Medical University of South Carolina, Charleston, SC. Program content is based on a combination of didactic instruction, practical case study discussions and a self-study component.

Participants will further benefit from the opportunity for continuing dialogue with Dr. DeLegge following completion of the program, to share challenging cases and situations that may be encountered in their facility.

Program overview

The program will be conducted over five consecutive weeks via weekly telephone conference calls with Dr. DeLegge, augmented by reading assignments and quizzes. The conference calls are structured to provide didactic instruction, case study and article presentations, and the opportunity to share ideas with colleagues.
Week 1: Medical Team Fundamentals; Interpreting Clinical Studies; Case Presentations [2.0 hours]
- Course orientation including expectations and use of provided materials
- Interpretation of various forms of published articles
- Patient case presentation for the healthcare team

Week 2: Enteral Nutrition and Access [1.5 hours]
- Methods of enteral access
- How and why the GI tract is protected by enteral feeding
- Monitoring enteral feeding tolerance
- Demonstration: Approaching the healthcare team with nutrition care recommendations

Week 3: Nutrition Support of Gastrointestinal Disorders [1.5 hours]
- Pathophysiology of pancreatitis
- Primary goals for feeding the patient with short bowel syndrome
- Demonstration: Approaching physicians with clinical evidence

Week 4: Geriatrics; Metabolic Conditions – Obesity and Diabetes [1.5 hours]
- Nutritional needs of the geriatric patient
- Exploration: Evidence-based recommended blood sugar goals for hospitalized patients
- Exploration: Approaches to influencing physician prescription for nutritional care of an obese patient with diabetes and pressure ulcers
- Demonstration: MNA® screening tool utilization

Week 5: Critical Care [2.0 hours]
- Barriers to successfully feeding the critically ill patient
- Markers of hemodynamic stability
- Demonstration: Dialogue that can be used to initiate feeding in a critically ill patient

Dr. DeLegge is a gastroenterologist and endoscopist with nutrition expertise in the areas of enteral access, preoperative nutrition, immunonutrition, cancer and GERD. He has lectured and published extensively on a wide range of topics in clinical nutrition. Dr. DeLegge is active in several organizations including the American Gastroenterological Association and serves on the governing board for the American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.). To read more about Dr. DeLegge, visit nestlenutrition.com/us
Continuing Professional Education Units (CPEU)
Nestlé Nutrition is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration. Registered Dietitians will receive 8.5 CPEUs for completion of this program. CPE Accredited Provider Number NE008.

Application Process
Application deadline for the first session: April 16, 2010
First session start date: June 2010, running for 5 consecutive weeks
Subsequent course sessions will be offered. Visit the Nestlé Nutrition website for future dates; nestlenutrition.com/us
To apply to the Nestlé Nutrition Institute Advanced Enteral Nutrition Program, you are required to submit:
• Program application
• Letter describing your interest and expectations for the program, as well as a description of how you intend to share the program information with members of your healthcare team

For further information and to download the application and letter of interest form, please visit: nestlenutrition.com/us or contact your Nestlé representative.